



PROGRAM PEMANDU SIHAT DAN SELAMAT

1. What is the Program Pemandu Sihat dan Selamat?

The Program Pemandu Sihat dan Selamat (PSS) is an initiative under the MADANI Budget 2026 that provides subsidised health screening services for the purpose of licence renewal for eligible commercial vehicle drivers under the PSV E (Bus), GDL E (Rigid), and GDL E (Articulated) categories.

This program offers subsidised health examinations for vocational licence renewal through the digitalisation of the JPJL8A Form. The screening is essential to ensure that drivers are medically fit and to detect health conditions that could effect driving ability, such as obstructive sleep apnea, visual impairments, and non-communicable diseases (NCDs).

The primary objective of this program is to encourage drivers to undergo comprehensive health screening (via the JPJL8A Form) in order to improve their overall health and reduce the risk of road accidents.

2. Who is eligible to participate in this program?

Drivers who are contributors to PERKESO are eligible to undergo the screening if they meet the following criteria.

- 2.1 Malaysian citizen;
- 2.2 Aged between 40 and 59 years;
- 2.3 Active PERKESO contributor under the Invalidity Scheme or Self-Employment Social Security Scheme; and
- 2.4 Holder of a PSV E (Bus), GDL E (Rigid), or GDL E (Articulated) vocational licence that requires renewal.

3. What are PSV E (Bus), GDL E (Rigid), and GDL E (Articulated) licences?

A PSV E (Bus) vocational licence refers to a licence required to operate a Public Service Vehicle (PSV) for the purpose of transporting passengers commercially for fare or hire on public roads.

A GDL E (Rigid) vocational licence refers to a licence required to operate a Goods Vehicle (GV) classified as a rigid heavy vehicle, which is a heavy truck where the body and cabin are fixed together without a separate trailer.

A GDL E (Articulated) vocational licence refers to a licence required to operate an articulated goods vehicle consisting of a prime mover (truck head) and a detachable trailer.

PSV and GDL (Class E) licences refer to vehicles with an unladen weight exceeding 7,500 kg. These vocational licences are regulated by the Road Transport Department Malaysia (JPJ).

4. What is the validity period and renewal requirements for Vocational Licences?

The validity period of a Vocational Licence (PSV and GDL) is generally **one (1) year**. For renewal, licence holders must meet the following requirements.

- 4.1 Hold a valid Competent Driving Licence (CDL);
- 4.2 Pass a health examination at an approved panel clinic, certified through the JPJL8A Health Examination Report Form;
- 4.3 Have no restrictions or blacklisting by JPJ or the Royal Malaysia Police (PDRM); and
- 4.4 Pay the prescribed Vocational Licence renewal fee imposed by JPJ.

5. How can Vocational Licences be renewed?

Renewal of Vocational Licences can be done at JPJ UTC counters, JPJ branch offices, or state JPJ offices by submitting the certified JPJL8A Health Examination Report together with the payment receipt.

The renewal fee is RM20.00 for one (1) year, excluding any applicable adjustment fees.

6. Can this program assist drivers in renewing their PSV and GDL licences?

Yes. Through the PSS, drivers may undergo subsidised health screening for the purpose of vocational licence renewal. The program is implemented systematically through the digitalisation of the JPJL8A Form with the screening cost shared between the driver, PERKESO and the Government.

Upon obtaining the examination results, drivers may proceed to JPJ counters to complete the licence renewal process.

7. What types of examinations are provided under this program?

The screening parameters under this program are aligned with the JPJL8A Form requirements, including:

- 7.1 General physical examination;
- 7.2 Vision test;
- 7.3 Hearing test;
- 7.4 Obstructive Sleep Apnea (OSA) screening;
- 7.5 Neurological and musculoskeletal assessment;
- 7.6 Cardiovascular examination;
- 7.7 Respiratory examination; and
- 7.8 Diabetes screening (HbA1c test required for contributors diagnosed with diabetes).

8. How can eligible drivers obtain the screening under this program?

Eligible drivers may follow these steps.

- 8.1 Drivers can check their eligibility via the MESAS2U Portal;
- 8.2 They may contact a registered panel clinic to schedule an appointment;
- 8.3 The list of panel clinics is available on the MESAS2U Portal (<https://www.mesas2u.com>);
- 8.4 Drivers are required to attend the panel clinic according to the appointment or visit directly for further information;
- 8.5 Drivers must present their vocational licence to the clinic for verification and expiry validation;
- 8.6 Once eligibility is confirmed, drivers must make payment through the MESAS2U Portal before the screening is conducted; and
- 8.7 After the examination, the JPJL8A Health Examination Report will be printed and submitted to the driver for licence renewal.

9. Is the service provided free of charge?

No. The health screening service is provided on a co-payment basis. The total screening cost is RM85.00 of which PERKESO subsidises RM55.00 and the driver only needs to pay RM30.00.

10. What is the payment method for the screening?

Under the co-payment arrangement, drivers are required to pay RM30.00 via the MESAS2U Portal before undergoing the health screening at the panel clinic.

11. Is the HbA1c test mandatory for drivers with diabetes?

Yes. Drivers diagnosed with diabetes are required to undergo the HbA1c test, which will be conducted by the panel clinic during the health screening.

12. What is the HbA1c test?

The HbA1c (Hemoglobin A1c) test is a blood test used to measure the average blood glucose level over the past 2 to 3 months. Fasting is not required for this test.

13. Are there additional charges for the HbA1c test?

Yes. Additional charges apply for the HbA1c test. This cost is not covered under the program and must be fully borne by the driver. The test fee is subject to the rates determined by the panel clinic.

However, eligible PERKESO contributors under the Health Screening Program (HSP) may undergo health screening including the HbA1c test, free of charge. Further details can be obtained via the SEHATi Portal (<https://sehati.perkeso.gov.my>).

14. How will the screening results be provided?

The digital JPJL8A Health Examination Report and payment receipt will be printed by the panel clinic and handed to the driver after the screening.

These documents must be submitted at the JPJ counter during the licence renewal process.

15. What are the service charges involved for vocational license renewal?

Under the PSS program, the co-payment is RM30.00 by the driver while RM55.00 is subsidised.

If an HbA1c test is required, the cost is determined by the panel clinic.

For vocational licence renewal, the fee is RM20.00 (excluding any adjustment fees) as imposed by JPJ.

16. Where can I obtain further information about this program?

For further information, please contact PERKESO Customer Service at 1-300-22-8000 or email to perkeso@perkeso.gov.my.

SOCIAL SECURITY ORGANISATION (PERKESO)

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